

**WEST SWINDON
PARISH COUNCIL**
Grant Application Form

West Swindon Parish Council
West Swindon Library
Whitehill Way
Swindon
SN5 7DL
Email: clerk@westswindon-pc.gov.uk
Tel: 01793 466418

About You:	
Date:	24/01/2020
Name of Organisation	The Fluency Trust
Name of contact person	Catherine Newman (Trustee)
Contact Address and contact number	The Fluency Trust, The Saltway Centre, Pearl Road, Middleleaze, Swindon, SN5 5TD
E-mail for organisation	Beth Loveday, Course Leader: Catherine Newman, Trustee:
How long has your organisation has been active?	Since the 10th March 1995
Please tick the boxes to confirm you are submitting all of the following with your completed application:	Governing Document e.g. Constitution/Terms of Reference <input checked="" type="checkbox"/>
	Management Group or Committee Membership details <input checked="" type="checkbox"/>
Annual Turnover of your organisation	£7,532.44
Your Grant Project:	
Name of project or activity?	Stammering Residential Course
<u>Who</u> is it for? and <u>where</u> is it happening?	<p>The Fluency Trust works in partnership with Swindon Borough Council to run highly specialist residential courses for young people who stammer.</p> <p>The outdoor activities enable the children and young people aged between 10 -17 years old to build confidence as they discover what their strengths are, by challenging themselves in a variety of different tasks, such as high ropes, kayaking, assault course and team challenges.</p> <p>The children can be referred for the services from across the UK however a significant number each year are from Swindon and the surrounding villages.</p> <p>The residential courses are unique in combining intensive speech therapy with outdoor pursuits held at Skern Lodge Activity Centre, Devon. The courses have led to the development of the award-winning Swindon Fluency Packs. These have become a popular resource for Speech and Language Therapists.</p>

<p>How will residents in West Swindon benefit from this?</p>	<p>A grant will enable 24 children who are referred to our courses, because they are experiencing disadvantage because of their stammering and are in need of specialist help, to attend the Blockbuster Residential Course and the Teens Challenge Residential Course held at Skern Lodge Activity Centre, Devon.</p> <p>The Fluency Trust in partnership with Swindon Borough Council (SBC) is unique in providing residential therapy courses in an outdoor activity centre. Our approach involves the combination of challenging outdoor activities and intensive therapy, which work to develop greater confidence and self-esteem. These are vital factors in dealing with the emotional and physical challenges of stammering.</p> <p>The combination of challenging activities and intensive therapy is highly effective in developing confidence and the ability to manage stammering positively.</p> <p>This model of partnership working between a public service and a charity is good practice and was recognised in the Care Quality Commission's (CQC) inspection of SBC Children's Health Services in March 2017. They describe the SBC Fluency Services as 'outstanding'.</p> <p>The group therapy tasks are graded, starting with supported tasks and moving to more challenging tasks as the course progresses. The residential aspect of the course encourages independence and responsibility. The children and young people are encouraged to make their own choices about how they tackle their difficulties.</p> <p>Our work on positive thinking skills are directly and immediately applied to the outdoor activity challenges and then to the challenges of managing their stammering. Helping the young people to notice how fears can be overcome by understanding how our thinking influences us and how we can make our thoughts work for us rather than against us.</p> <p>Children who stammer and their parents often feel isolated; our course ensures that families have an opportunity to meet others facing the same difficulties. The techniques developed during the course help our young people to develop strategies for managing their stammer, build confidence, develop positive attitudes to speaking and see a decrease in sensitivity to stammering.</p>
<p>When you aim to start and finish?</p>	<p>The Residential Course will take place on 27th to 31st July 2020</p>
<p>What funding are you requesting from the Parish Council?</p>	<p>We are looking for a grant of £1,000 from the Parish Council to support this year's course.</p>
<p>Please detail any match funding you will bring to the project <i>e.g. donations, in kind funding, volunteer hours.</i></p>	<p>We do not have any matched funding in place but have recently received £2,000 from the Frank Litchfield General Charitable Trust, are waiting a confirmation of £1,000 from the St. James's Place Charitable Trust. £4,000 was also raised from a metal detecting rally on the 23rd Sept organised by one of our Trustees, David White.</p>

Thank you. Please return your form in person, post or email to: Grants, West Swindon Parish Council, to the contact details at the top of the form.